















Youth Trend Summary

| Youth Variables | Holmes County 2017 (6 th -12 th) | Holmes County 2017 (9 th -12 th) | Ohio 2013 (9 th -12 th) | U.S. 2015 (9 th -12 th) |
|--|---|---|--|--|
| Weight Control | | | | |
| Obese  | 16% | 17% | 13% | 14% |
| Overweight  | 11% | 10% | 16% | 16% |
| Trying to lose weight | 48% | 51% | 47% | 46% |
| Described themselves as slightly or very overweight | 26% | 27% | 28% | 32% |
| Went without eating for 24 hours or more | 6% | 9% | 10% | 13%* |
| Took diet pills, powders, or liquids without a doctor's advice | 3% | 5% | 5% | 5%* |
| Vomited or took laxatives | 1% | 1% | 5% | 4%* |
| Watched TV 3 or more hours per day | 14% | 16% | 28% | 25% |
| Tobacco Use | | | | |
| Ever tried cigarettes | 23% | 34% | 52%* | 32% |
| Current smokers | 8% | 14% | 15% | 11% |
| Smoked cigarettes on 20 or more days during the past month (of all youth) | 2% | 3% | 7% | 3% |
| Smoked a whole cigarette for the first time before the age of 13 (of all youth) | 7% | 8% | 14%* | 7% |
| Current electronic vapor product user | 8% | 11% | N/A | 24% |
| Tried to quit smoking (of youth who smoked in the past year) | 43% | 40% | 56%* | 45% |
| Alcohol Consumption | | | | |
| Ever tried alcohol | 38% | 56% | 71%* | 63% |
| Current drinker  | 24% | 38% | 30% | 33% |
| Binge drinker (of all youth)  | 10% | 18% | 16% | 18% |
| Drank for the first time before age 13 (of all youth) | 14% | 13% | 13% | 17% |
| Rode with someone who was drinking | 14% | 15% | 17% | 20% |
| Drank and drove (of youth drivers) | 6% | 7% | 4% | 8% |
| Drug Use | | | | |
| Youth who used marijuana in the past month  | 7% | 11% | 21% | 22% |
| Ever used methamphetamines | 2% | 3% | N/A | 3% |
| Ever used cocaine | 2% | 4% | 4% | 5% |
| Ever used heroin | 1% | 0% | 2% | 2% |
| Ever used steroids | 2% | 2% | 3% | 4% |
| Ever used inhalants | 5% | 6% | 9% | 7% |
| Ever used ecstasy/MDMA/Molly | 2% | 3% | N/A | 5% |
| Ever been offered, sold, or given an illegal drug by someone on school property in the past year | 6% | 8% | 20% | 22% |


N/A – Not Available

*Comparative YRBS data for Ohio is 2011 and U.S. is 2013

 Indicates alignment with Ohio SHA

| Youth Variables | Holmes County 2017 (6 th -12 th) | Holmes County 2017 (9 th -12 th) | Ohio 2013 (9 th -12 th) | U.S. 2015 (9 th -12 th) |
|---|---|---|--|--|
| Sexual Behavior | | | | |
| Ever had sexual intercourse | 15% | 29% | 43% | 41% |
| Used a condom at last intercourse | 57% | 63% | 51% | 57% |
| Used birth control pills at last intercourse | 25% | 31% | 24% | 18% |
| Did not use any method to prevent pregnancy during last sexual intercourse | 8% | 10% | 12% | 14% |
| Had four or more sexual partners (of all youth) | 2% | 5% | 12% | 12% |
| Had sexual intercourse before age 13 (of all youth) | 2% | 2% | 4% | 4% |
| Mental Health | | | | |
| Youth who felt sad or hopeless almost every day for 2 or more weeks in a row  | 21% | 24% | 26% | 30% |
| Youth who had seriously considered attempting suicide in the past year  | 12% | 15% | 14% | 18% |
| Youth who had attempted suicide in the past year  | 5% | 3% | 6% | 9% |
| Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse | 2% | 1% | 1% | 3% |
| Social Determinants of Health | | | | |
| Texted or emailed while driving a car or other vehicle | 21% | 33% | 46% | 42% |
| Visited a dentist for a check-up within the past year | 71% | 70% | 75% | 74% |
| Unintentional Injury and Violence | | | | |
| Carried a weapon in past month | 19% | 18% | 14% | 16% |
| Carried a weapon on school property in past month | 1% | 1% | N/A | 4% |
| Been in a physical fight in past year  | 24% | 18% | 20% | 23% |
| Been in a physical fight on school property in the past year | 9% | 7% | 6% | 8% |
| Threatened or injured with a weapon on school property in past year | 6% | 5% | N/A | 6% |
| Did not go to school because felt unsafe  | 4% | 2% | 5% | 6% |
| Electronically/cyber bullied in past year  | 11% | 7% | 15% | 16% |
| Bullied on school property in past year  | 30% | 22% | 21% | 20% |
| Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend in past year  | 4% | 7% | N/A | 10% |

N/A – Not available

 Indicates alignment with Ohio SHA