



# FALLS PREVENTION FORUM

## MARCH 1, 2022 2:30 PM

### Falls are **NOT** a normal part of aging!

Come and learn the results from the *2021 Holmes Co. Falls Prevention Survey*. The survey was designed to gather information about the health, health practices, and falls awareness of adults 65 and older living in Holmes County. We need **YOUR** help to plan future action to make our 65 and older population safe, healthy, and free from falls! See you on March 1<sup>st</sup>!

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#### WHERE?

Holmes Co. District  
Library  
3102 Glen Dr.  
Millersburg, OH 44654

Lower level  
conference room  
Elevator available

Refreshments!

LET'S MAKE A  
DIFFERENCE,  
TOGETHER!

Contact Kerry  
330-674-5035 EXT. 251  
with questions



