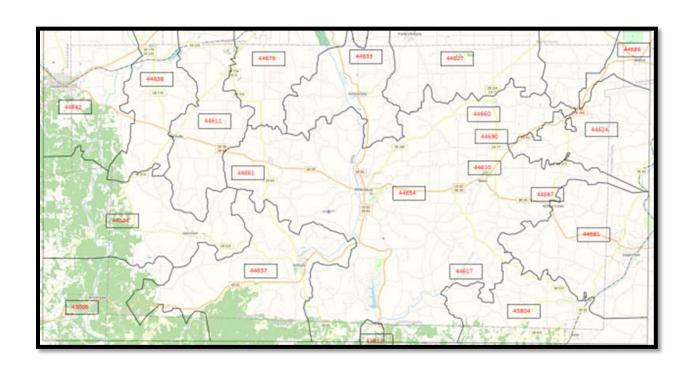
# Access to Healthcare and Fitness Locations in Holmes County

**Holmes County GHD** 

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April 8, 2022





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#### **Executive Summary**

Key finding summarized within Access to Care Report:

- 1. Data recorded within the Access to Care Report suggest that a shortage of primary care providers, mental health providers, and recreational facilities may exist within the zip code region of Glenmont (44628). The data also suggest that many adults residing there lead generally inactive lives, so further measures may be needed to support these residents. Measures to support these residents could include efforts to encourage the addition of primary care providers, mental health providers, and recreational facilities within Glenmont or neighboring zip code regions.
- 2. Two additional zip code regions within Holmes County also identified areas of need. Specifically, the data for Lakeville (44638) indicate a lack of primary care providers and mental health facilities may exist there, as well as reportedly high rates of adult residents leading physically inactive lives. Similarly, Killbuck (44637) reported a need for both mental health providers and recreational facilities, and the respondents also indicated that many adults there are not physically active. Thus, measures may also need to be implemented within these zip code regions, as well.



#### **BACKGROUND**

According to Healthy People 2020, "Access to comprehensive, quality health care services is important for promoting and maintaining health, preventing and managing disease, reducing unnecessary disability and premature death, and achieving health equity for all Americans." [4]



Patient access to care may be evaluated via the 5 A's, with each A representing a different aspect of care. The first is

Affordability, which considers whether a patient can afford the costs associated with their healthcare services. This can occur with the aid of insurance, 'out of pocket' payments, or with

the help of churches, non-profits, and other funds available to the public. The next aspect is **Accessibility**, which applies to whether provider locations are readily and easily accessed within the community. The third consideration is **Availability**, which asks if provider services have the resources and capacity to function well within the community. The fourth component is **Accommodation**, which addresses whether the provider is operating in a manner that meets the needs of their patients. Finally, **Acceptability** is the final consideration, and this applies to whether patients are comfortable with the characteristics of their provider. [2]

To identify if and where access to care concerns may exist within Holmes County, the Holmes County General Health District (HCGHD) reviewed the findings from their 2020 Community Health Needs Assessment (CHNA) and discussed these with stakeholders across Holmes County. Based on the feedback



from stakeholders, as well as survey responses from the 2020 CHNA, the HCGHD decided to examine both geography and accessibility of primary care providers (PCP), counselors, dentists, and athletic opportunities available within Holmes County. More specifically, answers to the following questions were sought:

- 1. Do residents within Holmes County have access to care with regards to the quantity of Primary Care Providers, Counselors, and Dentists working within zip code regions in Holmes County. If so, how many providers are available and where are they located?
- 2. Do residents within Holmes County have access to athletic opportunities, gyms, parks, and trails in zip code regions in Holmes County. If so, how many of each are available within or near Holmes County and where are they located?

#### **METHODS**

To answer these questions, a four-phase process occurred to comprehensively analyze population's healthcare and athletic facility distributions across Holmes County. These efforts help to identify current gaps and/or deficiencies in services that may exist throughout the county. We begin with a brief overview of Holmes County.

The first phase began with acquiring and categorizing demographic and geographic data on Holmes County. This information was largely drawn from the United States Census Bureau, the Ohio State Department of Research, and Holmes County Transportation Department. Data was taken from these sources to provide an understanding of the population and geographic terrain within Holmes County.

Second, a review of the 2020 Holmes County CHNA was performed. Previously analyzed data from the CHNA were used to produce bar graphs reflecting the response percentages from each specific zip code region within Holmes County. These graphs identify response rates within zip code regions for



healthcare needs, such mental health providers, primary healthcare providers, recreational and athletic facilities, and those who self-identify as not being physically active. From these graphs, choropleth maps of Holmes County were produced to highlight 'yes' response rates based on zip code regions, which are provided in Appendices A, B, and C.

Thirdly, an extensive search was conducted using Google Search and Google Maps to identify primary care providers, dentists, gyms, parks, and trails near or within Holmes County. Additionally, due to their service specificity, a more detailed search was performed for available medical doctors, dentists, and counselors within each zip code region. This effort resulted in a database containing the names and addresses of all current providers operating within the county, as well as the latitudinal and longitudinal coordinates of their offices.

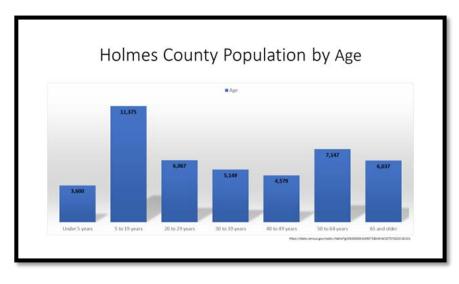
Fourth, collaboration with Mr. Erik Parker, the GIS Mapping Director for Holmes County, resulted in the acquisition of GIS shapefiles containing some additional information on county PCPs, dentists, counselors, gyms, parks, and trails. This information was reviewed and compared against the previously assembled lists of providers and sites. From these consolidated lists, Mr. Parker then created two maps, which are used within this report. One map identifies PCPs, counselors, and dentists, while the second map identifies gyms, parks, and trails in or near Holmes County. Both maps are provided in Appendix D.

Finally, once all the data from all four sources were consolidated and analyzed, conclusions could finally be drawn. Zip code regions with the highest reported response rates for each category were initially identified and compared. Additionally, a geographic review of population densities and service locations informed these conclusions.

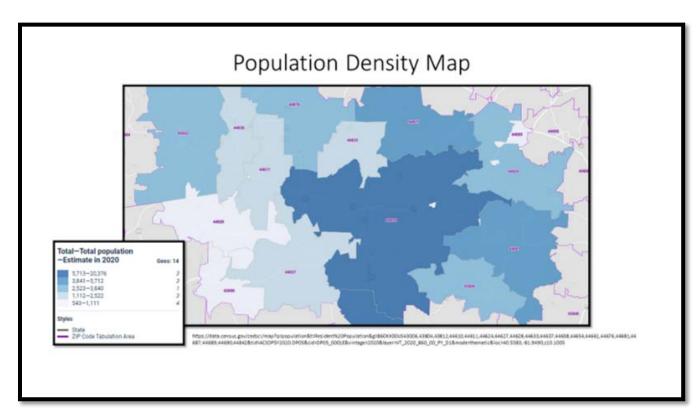


#### **DEMOGRAPHICS**

Holmes County, Ohio (OH) has a total population of 44,223 residents [1], 50.19% females and 49.18% males [5], as shown Appendices The E and F. population age distribution includes 8.2% under the age of 5,

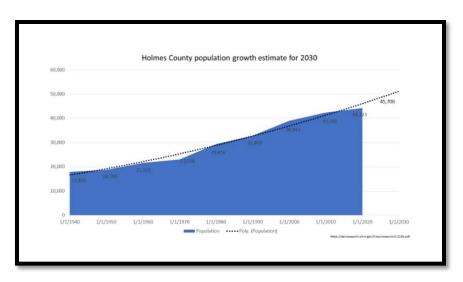


30.7% under the age of 18, and 14% 65 and older. The race distribution of the population is 98.4% White, 0.1% African American, 1.0 % Hispanic, 0.0% Native American, 0.3% Asian, 0.0% Pacific Islander, 0.1% Other, and 1.1% identifying as two or more races [5], see Appendix G. The population density map reveals that the most highly populated region is Millersburg (44654), and the next most populated regions are





Sugarcreek (44681) and Fredericksburg (44627) [5]. Additionally, the population growth graph suggests a continued growth in the county's population through 2030 [1,3]. Lastly, the median household



income in Holmes County is currently assessed as \$64,453 [5].

#### LAND USE/COVERAGE

| Land Use Chart   | Percer |
|--|--------|
| Developed, Lower Intensity (Rural Communities)             | 6.119  |
| Developed, High Intensity (High Density Urban Development) | 0.619  |
| Barren (strip mines, gravel pits,ect.)                     | 0.089  |
| Forest   | 39.88% |
| Grasslands or Scrub  | 0.369  |
| Pasture/Hay  | 38.649 |
| Cultivated Crops   | 12.83% |
| Wetlands   | 1.109  |
| Open Water   | 0.389  |

Holmes County is comprised of 422.53 square miles, with a population density averaging 100.3 individuals per square mile [5]. The terrain includes low and high intensity development, barren regions,

forests, grasslands or scrubs, pastures, cultivated crops, wetlands, and open water regions. The data on land use and coverage indicate that most of the county is either used for agricultural purposes or is undeveloped. Additionally, since high intensity regions only cover 0.61% of the land space within Holmes County, travel is essential for residents to attain healthcare services. However, the land chart also demonstrates the potential abundance of outdoor recreational locations, such as trails and parks [1].



#### **FINDINGS FROM 2020 CHNA**

A CHNA was completed for Holmes County in 2020. A total of 385 individuals responded to the survey that year, and the survey results were compiled by a third party. For this analysis, zip code regions with 10 or fewer survey responses were excluded due to the high statistical uncertainty associated with such low numbers. These included the zip code regions of Brinkhaven (43006), Big Prairie (44611), Fredericksburg (44627), Wilmot (44689), Dundee (44624), Baltic (43804), and Coshocton (43812). The following zip code regions provided 10 or more responses to the survey and were, therefore, included in this analysis: Millersburg (44654), Berlin (44610), Nashville (44661), Mount Hope (44660), Winesburg (44690), Walnut Creek (44687), Sugarcreek (44687), Holmesville (44633), Shreve (44676), Lakeville (44638), Loudonville (44842), Glenmont (44628), and Killbuck (44637).

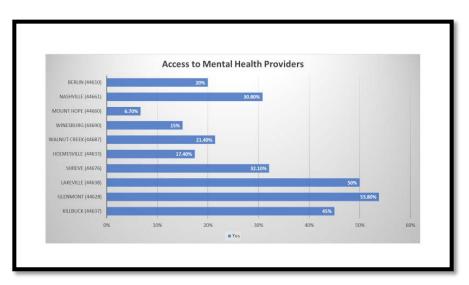
First, data under the 'Access to mental health providers' column were considered. A total of 104 out of 385 respondents, or 27%, indicated there was a need

access

to

for

greater



mental health providers within Holmes County. This number was further broken down by the percent of respondents who identified a need for access to mental health care providers within zip code regions. The highest response percentages include Glenmont (44628) with 53.8%, Lakeville (44638) with 50%, and Killbuck (44637) with 45%.

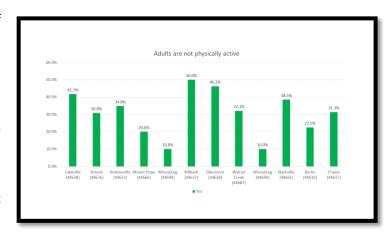
Next, a total of 55 individuals, or 14%, of survey respondents identified a need for PCPs within Holmes County. This number was further analyzed by individual zip code regions. The following zip codes



provided the highest percentage response rates for zip code regions within Holmes County: Glenmont (44628) with 46.2%, Lakeville (44636) with 41.7%, and Nashville (44661) with 23.1%.

Next, 70 individuals, or 18%, of survey respondents identified a lack of recreational and fitness facilities within Holmes County. This number was further broken down by individual zip code to identify those regions with the highest percentage of responses. These included Glenmont (44628) with 38.5%, Shreve (44676) with 30.8%, and Killbuck (44637) with 20%.

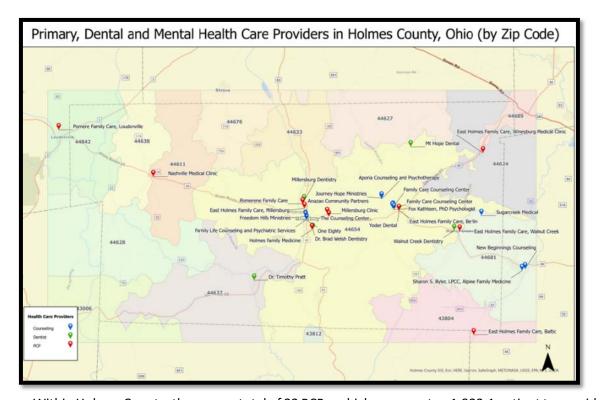
Finally, a total of 130, or 34%, of respondents to the survey identified 'Adults that are not physically active' within Holmes County. This number was further broken down into zip codes regions. The zip codes with the highest percentage response rates include,



Killbuck (44637) with 50%, Glenmont (44628) with 46.2%, and Lakeville (44638) with 41.7%. See Appendix A, B, and C.



#### **Google Search-Healthcare**



Within Holmes County, there are a total of 23 PCPs, which represents a 1,923:1 patient to provider ratio. These include 9 Medical Doctors (MD), 3 nurse practitioners (NP), 4 physician assistance (PA), 1 Doctor of Osteopathic Medicine (DO), and 6 individuals with unknown degrees that are classified as PCPs. Several providers work at more than one location, rotating between clinics based on patient needs. All 23 providers within the county work at one of the following locations: Babb's Family Practice, East Holmes Family Care, Holmes Family Medicine, Nashville Medical Clinic, Pomerene Family Care, and the Millersburg Clinic. PCP providers are available within the following zip code regions: Millersburg (44654) has 12 providers with a population of 3,151, Berlin (44610) has 6 providers with a population of 1,447, Loudonville (44842) has 1 provider with a population of 2,786, Walnut Creek (44687) has 9 providers with a population of 908, Dundee (44624) has 6 providers with a population of 269, Baltic (43804) has 5 providers with a population of 851, Winesburg (44690) with 2 providers with a population of 340, and finally, Nashville (44661) with 1 provider with a population of 183. However, the following zip codes within



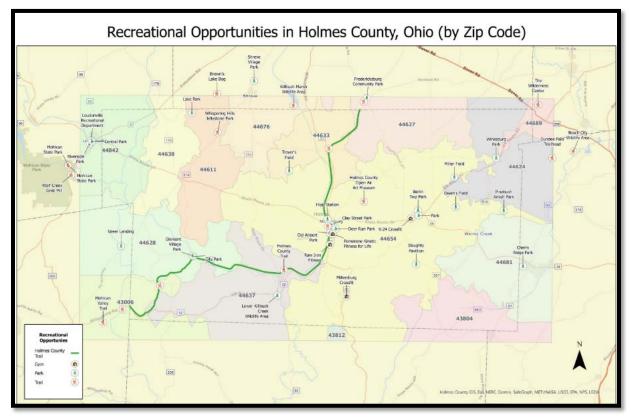
Holmes County do not have PCPs available within their zip code regions: Killbuck (44637) with a population of 810, Gann/Brinkhaven (43006) with a population of 114, Glenmont (44628) with a population of 240, Shreve (44676) with a population of 1,497, Holmesville (44633) with a population of 371, Fredericksburg (44627) with a population of 409, Wilmot (44689) with a population of 282, Sugarcreek (44681) with a population 2,373, Mount Hope (44660) with a population of 197, and Lakeville (44638), Big Prairie (44611), Charm (44617), and Coshocton (438120) all of which do not have a population count available through the Unites States Census Bureau.

Next, within Holmes County there are 13 locations that offer counseling services, with at least 20 counselors available to residents, or a 2,211:1 patient to mental health provider ratio. Counselors are in four zip code locations within Holmes County, which include Millersburg (44654), Sugarcreek (44681), Fredericksburg (44627), and Berlin (44610). In Millersburg (44654) there are five counseling locations, which include Family Life Counseling and Psychiatric Services, Counseling Center, Freedom Hills Ministry, One Eighty, and Journey Hope Ministries. In Sugarcreek (44681) there are three counseling locations, which include Alpine Family Medicine, Sugarcreek Medical, and New Beginnings Counseling. Next, in Fredericksburg (44627) there is one counseling business, which is called Christ Based Addiction Counseling. Finally, in Berlin (44610), there are three counseling businesses, which include Kathleen Fox, Family Care Counseling Center, and Aporia Counseling and Psychotherapy.

Finally, Holmes County has a population to dentist ratio of 4,422: 1. There are a total of ten dentists working in Holmes County, and six dentist offices are in located in Millersburg (44654). These include Dr. Win, Dr. Welsh, Dr. Hoecker, Dr. Rabar, Dr. Stuhlmiller, and Dr. Dunn. Three dentists also work in Berlin (44610), and these include Dr. Sebert-Reese, Dr. Yoder, and Dr. Stutzman. Finally, there is one dentist located in Killbuck (44637), which is Dr Pratt.



#### **Google Search-Recreational Opportunities**



Holmes County offers a total of 5 gyms, which are in only two zip code regions, Millersburg (44654) and Shreve (44676). There are 4 gyms located in Millersburg (44654), which include Pomerene Kinetic Fitness for Life, 9:24 CrossFit, Millersburg CrossFit, and Raw Iron Fitness. Additionally, there is one gym located in Shreve (44676), which is called Epic Fitness.

Next, there are a total of 26 parks located throughout Holmes County. These include both City and State Parks and are located within 9 separate zip code regions. First, within Millersburg (44654), there are a total of 9 parks, which include Clay Street Park, Deer Run Park, Old Airport Park, Doughty Pavilion, Miller field, Owen's Field, Lower Killbuck Creek Wildlife Area, Troyer's Field, and Hipp Station. Next, there is one park in Shreve (44676), which is called the Shreve Village Park. There is one park in Fredericksburg (44627) which is the Fredericksburg Community Park. There is one park located in Dundee (44624), which is called the Pinebush Amish Park. In Glenmont (44628), there are three parks, which include City Park,



Glenmont Village Park, and Greer Landing. Next, in Loudonville (44842), there are three parks, which include Riverside Park, Loudonville Recreational Department, and Central Park. Next, in Sugarcreek (44681), there is one park called Cherry Ridge Park. In Big Prairie (44611), there is one park called Lake Park. Finally, in Berlin (44610), there are two parks, which include Berlin Township Park and Park.

There are a total of 17 hiking trails available to residents throughout Holmes County. Trail locations are identified by city access points and are available within 12 zip code locations in Holmes County. First, Millersburg (44654) contains 2 trail access points, which include Holmes County Trail and the trails behind the Holmes County Open Air Art Museum. Next, in Shreve (44676), there is one trail, the Killbush Marsh Wildlife Area. In Fredericksburg (44627), there is one trail, which is an access point to the Holmes County Trail. In Dundee (44624), there are two trails, which include the Dundee Falls Trailhead and Beach City Wildlife Area. Next, in Glenmont (44628), there is one trail, which is an access point to the Holmes County Trail. In Brinkhaven (43006), there are two trails, which include an access to the Holmes County Trail and the Mohican Valley Trail. In Loudonville (44842), there are two trails, which include the trails at the Mohican State Park and Wolf Creek Grist Mill. In Killbuck (44637), there is one trail, which is an access point to the Holmes County Trail. In Big Prairie (44611), there are two trails, which include Whispering Hills Jelly Park and Brown's Lake Bog. Finally, in Wilmot (44689), there is one trail which is located at the Wilderness Center. See Appendix D.

#### **CONCLUSION**

A comparison of the 2020 CHNA data and the geographic distribution of services demonstrate that certain zip code regions lack healthcare and/or recreational facilities. Firstly, of all the zip code regions considered in the study, Glenmont (44628) reported the highest need and response rates for additional mental health providers (53.8%), primary care providers (46.2%), and recreational facilities



(38.5%). Additionally, Glenmont also returned the second highest response rate for 'Adults are not physically active,' at 46.2%. Geographic analysis indicates that the Glenmont region lacks mental health, primary care, and dental providers, which serves to substantiate the survey data. Glenmont also lacks gyms; however, residents do have access to three parks and one walking trail. Travel time between Glenmont and Millersburg is approximately 21 minutes by vehicle each way, thus residents traveling to and from a doctor in Millersburg must commute 42 minutes to receive care. Based on this analysis, further measures are needed to support the Glenmont (44628) zip code region.

Next, the Lakeville (44638) region reported the second highest response rate for a need for mental health facilities (50%) and primary care providers (41.7%). Additionally, Lakeville had the third highest response rate for individuals claiming that 'Adults are not physically Active' at 41.7%. A locational analysis of Holmes County healthcare facilities indicates that no mental health providers, primary care providers, and dental facilities are located within the Lakeville zip code region, so residents must travel 22 minutes each way, or a total of 44 minutes, to receive healthcare services in Millersburg; however, Nashville, a neighboring zip code region, does offer one PCP. Consequently, further measures to support or encourage additional PCP or mental health providers to serve in the Lakeville region may improve resident access to care. With regards to recreational locations, Lakeville does not offer any gyms, parks, or trails. Thus, the development of outdoor recreational sites within this region could benefit the residents of Lakeville by making their local area more accessible and supportive of exercise and healthy living. However, if such locations cannot be developed due to funding challenges, further development and expansion of existing trails and parks in the neighboring zip code regions in Loudonville (44842) or Big Prairie (44611) may provide a good alternative.

Third, the Killbuck (44637) zip code region provided the third highest response rate for a need for mental health providers (45%) and for a need in recreational facilities (20%). Additionally, Killbuck reported the highest response rate for 'Adults are not physically active," at 50%. Geographic data on the



Killbuck zip code region show that no primary care providers or mental health facilities exist; however, the region does currently offer one dentist (Dr. Timothy Pratt). Consequently, Killbuck residents must travel 12 minutes each way, or at least 24 minutes total, to visit a PCP or mental health provider in Millersburg. Next, with regards to recreational facilities, residents of Killbuck have access to only one park. No gyms exist in Killbuck; however, residents may access several parks and walking trails in the neighboring zip code regions of Brinkhaven (43006) and Millersburg (44654).

In conclusion, this analysis combines the 2020 CHNA survey response data with geolocational data on both healthcare and athletic facilities available to the public, by zip code region. The resulting analysis provides a general understanding of likely access to care challenges that exist within Holmes County; however, further data may be required to provide a more detailed assessment of specific population healthcare concerns within Holmes County. Specifically, the 2020 CHNA survey received only 385 responses out of the 44,223 residents within Holmes County, which represents less than 1% (0.87%) of the total population, which means the resulting conclusions may be incorrect. Additionally, the number of survey responses from many of the regions were <20, so only very small fractions of the population within these regions were surveyed. Consequently, increased survey responses are necessary to improve future analyses and resulting conclusions regarding population healthcare concerns. Furthermore, several regions were omitted from the survey due to low survey responses, including Brinkhaven (43006), Big Prairie (44611), Fredericksburg (44627), Wilmot (44689), Dundee (44624), Baltic (43804), and Coshocton (43812). Future access to care surveys should focus on including residents from all zip code regions within Holmes County, and the target survey population should be increased to gain a deeper and a more accurate representation of survey respondent opinions in each area.



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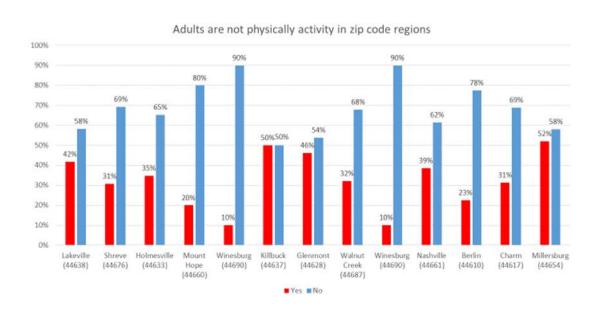
# Appendix A

|  |  |  |  | Total number   |  |
|--|--|--|--|--|--|
|  |  |  | Total count plus   | of individuals   |  |
|  |  | Identify in two  | counts for residents<br>who identified as  | who<br>responded   | Percent of residence for<br>each zip code location   |
|  |  | resident   | residents of two   | within each zip  |  |
|  | Total counts   | locations 1  |  |  |  |
| AACEA AAIRANA bura   | 50   | IOCATIO IIS -1   | lo cations<br>50   | code region<br>119   | not physically active '<br>42%   |
| 44654-Millers burg<br>44637-Killbuck   | 10   |  | 10   | 20   | 42%<br>50%   |
| 43006 Brinkhave n  | 0  |  | 0  | 20   | 0%   |
| 44628 Glenmont   | 5  | 1  | 6  | 13   | 46%  |
| 44842 · Lou do nville  | 2  |  | 2  | 10   | 20%  |
| 44638-Lakeville  | 5  |  | 5  | 12   | 42 %   |
| 44611 Big Prairie  | 1  |  | 1  | 7  | 14%  |
| 44676-Shreve   | 4  |  | 4  | 13   | 31%  |
| 44633 Holmesville  | 8  |  | 8  | 23   | 35%  |
| 44627 Fredericksbur  |  |  | 6  | - 8  | 75%  |
| 44689 Wilmot   | 1  |  | 1  | 3  | 33%  |
| 44624 Dundee   | 0  |  |  | 2  | 0%   |
| 44681-Sugarcreek   | 2  |  | 2  | 10   | 20%  |
| 43804-Baltic   | 2  |  | 2  | 6  | 33%  |
| 43812 Coshocton  | 0  |  |  | 0  | 0%   |
| 44687 Walnut Creek   | 9  |  | 9  | 28   | 32%  |
| 44690-Wine sburg   | 2  |  | 2  | 20   | 10%  |
| 44660 Mount Hope   | 3  |  | 3  | 15   | 20%  |
| 44661 Nashville  | 4  | 1  | 5  | 13   | 38%  |
| 44617-Charm  | 5  |  | 5  | 16   | 31%  |
| 44610 Berlin   | 9  |  | 9  | 40   | 23%  |
|  | i  |  |  |  |  |
|  |  |  |  | Total number   |  |
|  |  |  | Total count plus   | of residents   | Percent of residents for   |
|  |  |  | residents who  | who answered   |  |
|  |  | Identified with  | identified as  | survey based   | said there was a 'Lack of  |
|  |  | two resident   | residents of two   | on zip code  | recreation all and fitness   |
|  | Total Counts   | locations 1  | lo cations   | region   | facility access'   |
| 44654 Millers burg   | 32   |  | 32   | 119  | 27%  |
| 44637-Killbuck   | 4  |  | 4  | 20   | 20%  |
| 43006 Brinkhave n  | 0  |  | 0  | 2  | 0%   |
| 44628 Glenmont   | 4  | 1  | 5  | 13   | 38%  |
| 44842 · Lou do nville  | 1  |  | 1  | 10   | 10%  |
| 44638-Lakeville  | 2  |  | 2  | 12   | 17%  |
| 44611-Big Prairie  | 1  |  | 1  | 7  | 14%  |
| 44676 Shreve   | 4  |  | 4  | 13   | 31%  |
| 44633 · Holm esville   | 2  |  | 2  | 23   | 9%   |
| 44627 Fredericksburg   | 3  |  | 3  | 8  | 38%  |
| 44689 Wilmot   | 0  |  | 0  | 3  | 0%   |
| 44624 Dun dee  | 0  |  | 0  | 2  | 0%   |
| 44681-Sugarcreek   | 1  |  | 1  | 10   | 10%  |
| 43804-Baltic   | 0  |  | 0  | 6  | 0%   |
| 43812 Coshocton  | 0  |  | 0  | 0  | 0%   |
| 44687-Walnut Creek   | 4  |  | 4  | 28   | 14%  |
| 44690-Wine sburg   | 1  |  | 1  | 20   | 5%   |
| 44660-Mount Hope   | 0  |  | 0  | 15   | 0%   |
| 44661 Nashville  | 1  | 1  | 2  | 13   | 15%  |
| 44617-Charm  | 1  |  | 1  | 16   | 6%   |
| 44610-Berlin   | 5  |  | 5  | 40   | 13%  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  | Total number   | Percent of resident  |
|  |  |  | Total count plus   |  |  |
|  |  | Identified with  | Total count plus   | of residents   | population for each zip  |
|  |  |  | residents who  | of residents<br>who answered   | population for each zip<br>code region who   |
|  |  | Identified with<br>two resident<br>locations 1   |  | of residents   | population for each zip  |
|  | Total Counts   | two resident<br>locations 1  | residents who<br>identified as<br>residents of two   | of residents<br>who answered<br>survey based<br>on zip code  | population for each zip<br>code region who<br>identified there was lack<br>in , 'Access to mental  |
| 44654-Millers burg   | Total Counts   | two resident   | residents who<br>identified as   | of residents<br>who answered<br>survey based   | population for each zip<br>code region who<br>identified there was lack  |
| 44654 Millersburg<br>44637 Killbuck  |  | two resident<br>locations 1  | residents who<br>identified as<br>residents of two<br>locations  | of residents<br>who answered<br>survey based<br>on zip code<br>region  | population for each zip<br>code region who<br>identified there was lack<br>in ,"Access to mental<br>health providers"  |
| 44654 Millers burg<br>44657 Killbuck<br>43006 Brinkh aven  | 42   | two resident<br>locations 1  | residents who<br>identified as<br>residents of two<br>locations<br>42  | of residents<br>who answered<br>survey based<br>on zip code<br>region<br>119   | population for each zip<br>code region who<br>identified there was lack<br>in ,"Access to mental<br>health providers"<br>35%   |
| 44637-Killbuck   | 42<br>9  | two resident<br>locations 1  | residents who identified as residents of two locations 42  | of residents who answered survey based on zip code region 119 20   | population for each zip<br>code region who<br>identified there was lack<br>in /Access to mental<br>health providers*<br>35 %<br>45 %   |
| 44637- Killbuck<br>43006- Brinkhave n  | 42<br>9<br>0   | two resident<br>locations 1<br>person  | residents who identified as residents of two locations 42 9  | of residents who answered survey based on zip code region 119 20   | population for each zip<br>code region who<br>identified there was lack<br>in ,"Access to mental<br>health providers"<br>35%<br>45%<br>0%  |
| 44637 Killbuck<br>43006 Brinkhaven<br>44628 Glenmont<br>44842 Loudonville  | 42<br>9<br>0   | two resident<br>locations 1<br>person  | residents who identified as residents of two locations 42 9 0 7  | of residents who answered survey based on zip code region 20 2 13  | population for each zip<br>code region who<br>identified there was lack<br>in ,"Access to mental<br>health providers"<br>45 %<br>0 %<br>54%  |
| 44637 - Killbuck<br>43006 - Brinkhave n<br>44628 - Glenmont<br>44842 - Loudonville<br>44638 - Lakeville  | 42<br>9<br>0<br>6<br>3   | two resident<br>locations 1<br>person  | residents who identified as residents of two locations 42 9 7 3 3 6  | of residents who answered survey based on zip code region 119 20 13  | population for each zip<br>odd region who<br>identified there was lack<br>in , 'Access to mental<br>health providers'<br>45%<br>0%<br>54%<br>50%   |
| 44637 Killbuck<br>43006 Brinkhaven<br>44628 Glenmont<br>44842 Loudonville  | 42<br>9<br>0<br>6  | two resident<br>locations 1<br>person  | residents who identified as residents of two locations  42  9  0  7  | of residents who answered survey based on zip code region 119 20 2 13 10 112   | population for each zijp code region who identified there was lack in ,"Access to mental health providers" 45 % 45 % 54 % 54 %   |
| 44637 - Killbuck<br>43006 - Brinkhave n<br>44628 - Glenmont<br>44842 - Loudonville<br>44638 - Lakeville<br>44611 - Big Prairie<br>44676 - Shreve   | 42<br>9<br>0<br>6<br>3<br>6  | two resident<br>locations 1<br>person  | residents who identified as residents of two locations 42 9 0 7 7 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6  | of residents who answered survey based on zip code region 119 20 21 13 10 10 17 7  | population for each zip code region who identified there was lack in , 'Access to mental health providers' 45 % 45 % 30 % 54 % 50 % 50 %   |
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| 44637 Killbuck<br>43006 Brinkhaven<br>44628 Glenmont<br>44842 Loudonville<br>44638 Lakeville<br>44611 Big Prairie<br>44676 Shreve<br>44633 Hollmesville<br>44627 Fred ericksbur  | 42<br>9<br>0<br>6<br>3<br>6<br>1<br>3<br>4   | two resident<br>locations 1<br>person  | residents who identified as residents of two locations 42 9 0 7 3 6 6 1 3 4 4 3 3 3  | of residents who are wered survey based on zip code region 20 22 13 10 12 2 7 13 23 8  | population for each zip code region who identified there was lack in , 'Access to mental health providers' 45 % 45 % 50 % 54 % 50 % 14 % 23 % 17 % 38 % 37 % 37 % 38 % 38 % 38 % 38 % 3  |
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| 44637 Killbuck 44637 Killbuck 44638 Millersburg 44654 Millersburg 44654 Millersburg 44654 Millersburg 44657 Killbuck 44657 Killbuck 44657 Killbuck 44657 Killbuck 44657 Loudonville  | 62 99 00 00 00 00 00 00 00 00 00 00 00 00  | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations 42 9 0 7 7 3 6 6 1 1 3 3 0 0 0 0 1 1 1 2 0 0 6 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1  | of residents who answered survey based on sip code region 119 131 132 132 133 134 135 135 135 135 135 135 135 135 135 135  | population for each zip code region who identified there was lack in /Access to me erail health providers*    \$25 %   45 |
| 44637 Killbuck 4006 Birinkh ave n 44628 Gilenmont 44628 Gilenmont 44638 Lakeville 44631 Big Praire 44631 Hollensville 44631 Hollensville 44631 Hollensville 44632 Dundee 44632 Hollensville 44631 Hollensville 44631 Sugarreek 43804 Baltic = 2 44631 Sugarreek 44631 Sugarreek 44631 Hollensville 44631 Fillensville 44631 Hollensville 44631 Killbuck 4006 Birinkh ave n 44638 Gilenmont 44638 Gilenmont 44638 Gilenmont 44638 Gilenmont   | 62 9 9 0 6 6 3 3 4 4 4 4 4 7 6 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7   | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations   | of residents who answered survey based on sip code region 119 120 121 131 121 121 121 121 121 121 121 121  | population for each zip code region who identified there was lack in /Access to me ental health providers*   |
| 44637 Killbuck 4006 Brinkhaven 44628 Glenmont 44628 Glenmont 44628 Lakeville 44638 Lakeville 44638 Hollmerville 44638 Hollmerville 44639 Wilmesville 44639 Wilmesville 44639 Wilmesville 44639 Wilmesville 44639 Wilmesville 44630 Mount Hope 44631 Nashville 44630 Mount Hope 44631 Dachtin 44630 Mount Hope 44631 Signerville 44631 Loudonville 44631 Loudonville 44632 Glenmont 44632 Loudonville 44633 Lakeville 44633 Lakeville  | 62 9 9 0 0 6 6 3 3 6 6 1 1 3 3 4 4 3 3 0 0 6 6 3 3 1 1 3 3 8 7 7 0 talls 7 2 2 5 2 5 2 7 2 7 2   | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations 42 9 0 7 7 3 6 6 1 1 3 3 0 0 0 0 1 1 1 1 1 1 1 1 1 1 1 1  | of residents who answered survey based on 199 code region 1.19 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3   | populs tion for each zip code region who identified there was lack in /Access to me retail health providers*    15 %   15 %   14 %   15 |
| 44637 Killbuck 4006 Brinkhaven 44628 Glenmont 44628 Glenmont 44613 Big Praire 44613 Holle Braire 44613 Holle Braire 44634 Holle Braire 44637 Holle Braire 44638 Holle Braire 44638 Wille Braire 44638 Wille Braire 44639 Wille 44639 Wille 44631 Baltic - 2 43802 Braire 44631 Nashville 44631 Braire 44633 Braire 44633 Braire 44633 Braire 44633 Braire 44633 Braire 44633 Braire 446434 Braire 446434 Braire 446435 Braire 446437 Freye  | 62 99 00 00 00 00 00 00 00 00 00 00 00 00  | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations 42 9 0 7 7 3 6 6 1 1 3 3 0 0 0 0 1 1 1 1 1 1 1 1 1 1 1 1  | of residents who answered survey based on 199 code region 1.19 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3   | populs tion for each zip code region who identified there was lack in /Access to me retail health providers*    45 %   45 |
| 44637 Killbuck 4006 Brinkh aven 44628 Gilenmont 44628 Gilenmont 44628 Lakeville 44611 Big Praire 44631 Hollensville 44631 Killbuck 4006 Brinkh aven 44634 Millers burg 44636 Nacunt 44636 Wallensville 44631 Hollensville 44631 Hollensville 44631 Hollensville 44633 Hollensville 44633 Hollensville 44633 Hollensville 44633 Hollensville   | 42 9 9 0 6 6 3 3 6 6 6 1 1 3 3 4 4 4 4 7 6 7 6 8 7 7 0 table 21 3 0 5 5 2 2 5 5 1 1 3 1 0 0  | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations   | of residents who answered survey based on sip code region 119 120 121 131 121 121 121 121 121 121 121 121  | populs ton for each zip code region who identified there was lack in , 'Access to me that health providers' 45 % 45 % 45 % 45 % 45 % 45 % 45 % 45  |
| 44637 Killbuck 4006 Brinkhaven 44628 Glenmont 44628 Glenmont 44628 Lakeville 44638 Lakeville 44638 Hollmerville 44638 Hollmerville 44638 Hollmerville 44638 Hollmerville 44639 Willmot 44639 Willmot 44630 Mount Hope 44631 Hollmerville 44630 Mount Hope 44630 Brinkhave 44630 Wille 44630 Wille 44630 Wille 44630 Wille 44630 Brinkhave 44630 Wille 44630 Brinkhave 44630 Wille 44631 Loudonville 44631 Loudonville 44631 Hollmerville 44638 Ligenment 44638 Hollmerville 44638 Hollmerville 44638 Hollmerville  | 62 9 9 0 6 6 3 3 6 6 1 1 1 3 3 4 4 1 3 3 6 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations 42 9 0 7 7 3 6 6 1 1 3 3 6 6 1 1 1 1 1 1 1 1 1 1 1  | of residents who answered survey based on 199 code region 119 133 134 135 135 135 135 135 135 135 135 135 135  | populs tion for each zip code region who identified there was lack in /Access to me ntal health providers*    15 %   15 %   12 % |
| 44637 Killbuck 4006 Brinkh aven 44628 Gilenmont 44628 Gilenmont 44628 Lakeville 44631 Big Praire 44631 Hollensville 44631 Gilenmont 44631 Killbuck 4006 Brinkh aven 44638 Hollensville 44631 Hollensville 44631 Fred ericksbur 44633 Hollensville  | ### 42  9 9  6 6  8 3 3  8 4 4  4 4  9 0  0 0  0 0  1 1  2 2  0 0 6  8 3  1 1  3 3  0 0  5 5  1 1  1 1  0 0  0 0  0 0  0 0   | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations   | of residents who answered survey based on sip code region 119 120 121 131 131 131 131 131 131 131 131 131  | populs ton for each zip code region who identified there was lack in , 'Access to me that health providers' 45 % 45 % 45 % 45 % 45 % 45 % 45 % 45  |
| 44637 Killbuck 4006 Brinkh aven 44628 Glenmont 44628 Glenmont 44628 Lakeville 44638 Lakeville 44638 Holmerville 44638 Holmerville 44638 Holmerville 44638 Holmerville 44639 Willon 44639 Willon 44639 Willon 44639 Willon 44631 Baltic - 2 43004 Baltic - 3 4300 Mount Hope 44631 Sagarreek 44631 Sagarreek 44631 Sagarreek 44631 Sagarreek 44631 Wallon t Creek 43804 Baltic - 3 44637 Wallon t Creek 44638 Wallon t Creek 44639 Willon 44637 Wallon t Creek 44638 Lakeville 44637 Edemment 44638 Lakeville 44638 Lakeville 44638 Lakeville 44638 Holmesville 44639 Willon 44639 Sigarreek 44631 Sugarreek 44631 Sugarreek  | 62 9 9 0 6 6 3 3 6 6 1 1 1 2 2 1 1 1 1 2 1 1 1 1 1 1 1 1   | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations 42 9 0 7 7 3 6 6 1 1 3 3 1 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0  | of residents who answered survey based on 199 code region 119 133 133 134 135 135 135 135 135 135 135 135 135 135  | populs tion for each zip code region who identified there was lack in /Access to me ntal health providers*    45 % |
| 44637 Killbuck 4006 Brinkh aven 44628 Glenmont 44628 Glenmont 44638 Lakeville 44631 Bg Praire 44631 Hollensville 44631 Bgrarcek 44631 Hollensville 44633 Hollensville   | ### 42  9 9  6 6  8 3 3  8 4 4  9 9  0 0 0  0 0 0  1 1  2 2  0 0 0  8 8  **Totals**  **Tot | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations   | of residents who answered survey based on sip code region 119 120 121 131 132 132 133 145 145 145 145 145 145 145 145 145 145  | population for each zip code region who identified there was lack in /Access to me ertal health providers*    15   |
| 44637 Killbuck 40006 Brinkhaven 44628 Glenmont 44628 Glenmont 44638 Lakeville 44638 Lakeville 44638 Hollmerville 44638 Hollmerville 44639 Willmot 44638 Hollmerville 44638 Hollmerville 44639 Willmot 44639 Willmot 44639 Willmot 44639 Willmot 44630 Wine sburg 44631 Nashville 44631 Saproek 43804 Baltic - 2 43804 Baltic - 2 43600 Mount Hope 44631 Nashville 44630 Mount Hope 44631 Nashville 44631 Baltic - 2 44634 Willmot 44637 Willmot 44638 Ligenment 44638 Ligenment 44638 Ligenment 44638 Hollmerville 44638 Ligenment 44638 Hollmerville 44639 Willmot 44639 Willmot 44639 Willmot 44639 Willmot 44639 Saproreek  | 62 99 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0  | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations 42 9 0 7 7 3 6 6 1 1 3 3 1 1 0 0 6 6 2 2 5 1 1 1 1 3 3 1 1 0 0 0 0 0 0 0 0 0 0 0 0  | of residents who answered survey based on 199 code region 1.19 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3   | populs tion for each zip code region who identified there was lack in /Access to me netal health providers*    45 %   45  |
| 44637 Nillbuck 4006 Birnich aven 44628 Glenmont 44628 Glenmont 44638 Lakeville 44631 Big Praire 44631 Hollensville 44633 Hollensville 44634 Hollensville 44634 Dundee 44638 Sigarreek 43804 Baltric 43801 Garboton  | ### 42  9 9  6 6  6 7  8 7  9 9  9 9  1 1  2 2  9 9  1 2  9 9  1 3  3 3  9 9  1 1  2 2  9 9  1 2  9 9  1 3  1 1  1 0  0 0  0 0  0 0  0 0  0 0  | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations   | of residents who answered survey based on sip code region 119 120 121 131 132 132 133 134 145 145 145 145 145 145 145 145 145 14   | population for each zip code region who identified there was tack in , 'Access to me etaal health providers' 45% 55% 55% 55% 55% 55% 55% 55% 55% 55%   |
| 44637 Killbuck 4006 Brinkhasen 44628 Glenmont 44628 Glenmont 44638 Lakeville 44638 Lakeville 44638 Hollmersille 44638 Hollmersille 44638 Hollmersille 44638 Wille 44639 Wille 44630 Mount Hope 44631 Hollmersille 44631 Baltic 43801 Baltic 43801 Baltic 43801 Baltic 43801 Baltic 43801 Baltic 44631 Wallnut Creek 44638 Hollmersille 44631 Hollmersille 44631 Hollmersille 44633 Lakeville 44633 Hollmersille 44633 Lakeville 44633 Hollmersille 44633 Lakeville 44633 Hollmersille 44634 Hollmersille 44635 Wille 44635 Sigaroreek 44636 Mount Hope   | ## 42  9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9   | two residents for all person 1 person 1 person 1 person 1 laborations 1  | residents who identified as residents of two locations   | of residents who answered survey based on 119 code region 119 131 131 132 133 134 135 135 135 135 135 135 135 135 135 135  | populs tion for each zip code region who identified there was lack in /Access to me erail health providers*    45 %   45  |
| 44637 Nillbuck 44036 Birnich aven 44628 Glenmont 44628 Glenmont 44638 Lakeville 44631 Big Praire 44631 Hollensville 44631 Big Sarreek 44631 Hollensville 44633 Glenmont 44633 Glenmont 44633 Hollensville 44633 Hollensville 44633 Glenmont 44634 Glensville 44638 Glensville 44638 Glensville 44639 Wilnesburg 44650 Mount Hope  | ### 42   99   90   60   60   60   60   60   60   | two resident focations: 1 person 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | residents who identified as residents of two locations   | of residents who answered survey based on allo code region 119 120 121 131 132 132 133 134 135 135 135 135 135 135 135 135 135 135   | population for each zip code region who identified there was lack in ,/access to me retail health providers*    35 %   45 |
| 44637 Killbuck 4006 Brinkh ave n 44628 Glenm ont 44628 Glenm ont 44628 Lakeville 44638 Lakeville 44638 Lakeville 44638 Hollen erville 44638 Hollen erville 44639 Willen 44639 Willen 44639 Willen 44631 Hollen erville 44631 Hollen 44633 Hollen 44638 Hollen 44639 Willen 44639 Willen 44639 Willen 44638 Hollen 44638 Hollen 44639 Hollen 44639 Hollen 44639 Hollen 44639 Hollen 44639 Hollen 44631 Hollen 44638 Hollen 44639 Hollen 44638 Hollen 44638 Hollen 44638 Hollen 44638 Hollen 44639 Willen 44638 Hollen 44638 Hollen 44638 Hollen 44639 Holle | 62 9 9 0 6 6 3 3 6 6 1 1 1 3 3 6 6 6 6 6 7 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | two residents for all person 1 person 1 person 1 person 1 limited with two residents locations 1 limited 1 | residents who identified as residents of two locations   | of residents who answered survey based on 119 code region 1.19 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3 1.3   | populs tion for each zip code region who identified there was lack in /Access to me retail health providers*    45 %   45 |
| 44637 Killbuck 43006 Brinkh ave n 44628 Gilenmont 44628 Gilenmont 44638 Lakeville 44631 Bighenville 44638 Holmeville 44639 Wille 44639 Wille 44631 Baltic = 2 43831 Baltic = 2 43831 Baltic = 2 43831 Baltic = 2 44631 Baltic = 2 44631 Baltic = 3 44631 Baltic = 3 44631 Baltic = 4 44633 Baltic = 4 44634 Baltic = 4 44636 Mount Hope 44666 Mount Hope 44666 Mount Hope 44666 Mount Hope 44666 Mount Hope  | ### 42   99   90   60   60   60   60   60   60   | two residents for all person 1 person 1 person 1 person 1 limited with two residents locations 1 limited 1 | residents who identified as residents of two locations   | of residents who answered survey based on allo code region 119 120 121 131 132 132 133 134 135 135 135 135 135 135 135 135 135 135   | population for each zip code region who identified there was lack in , 'Access to me that health providers'  |

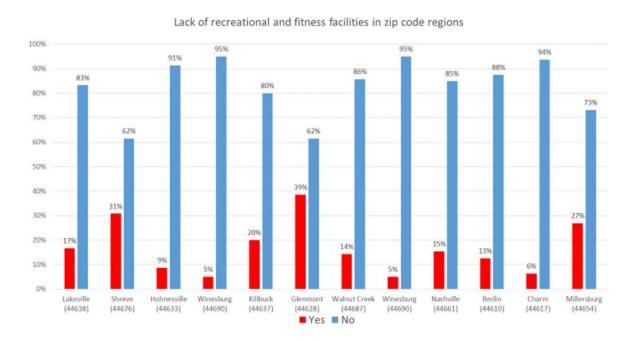


#### Appendix B

#### 1. Adults are not physically active

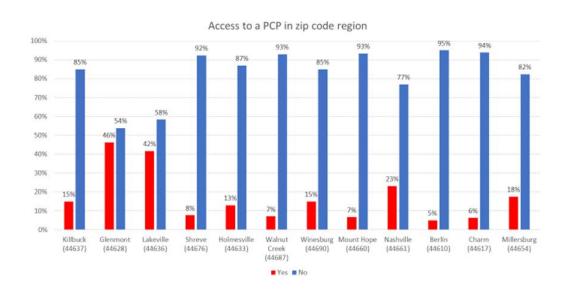


#### 2. Lack of recreational and fitness locations

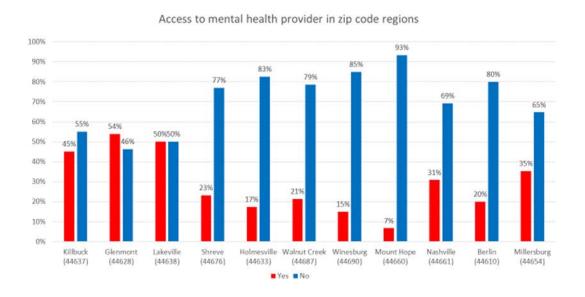




#### 3. Access to a PCP in zip code region



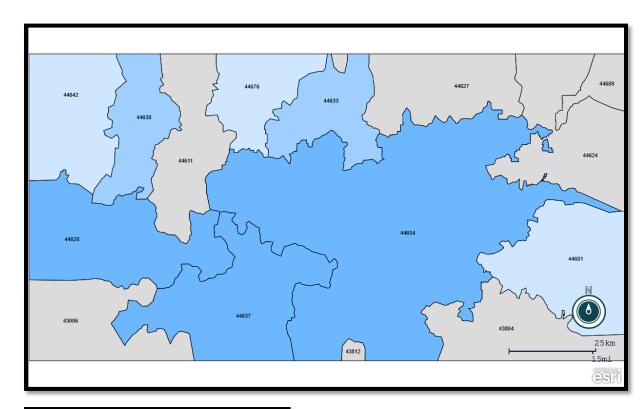
# 4. Access to a mental health provider in zip code region

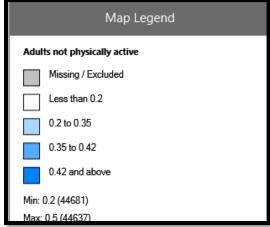




# Appendix C

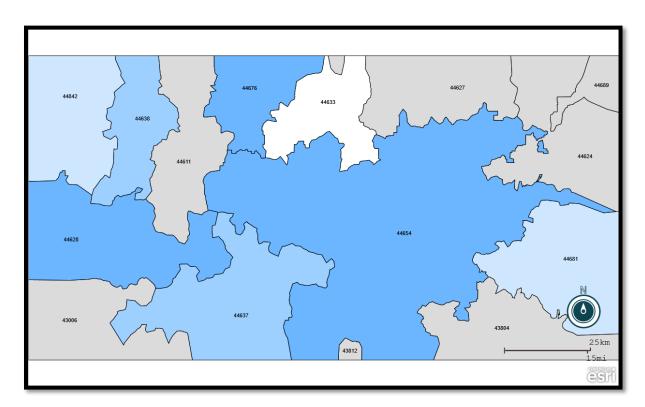
# 1. Adults not physically active







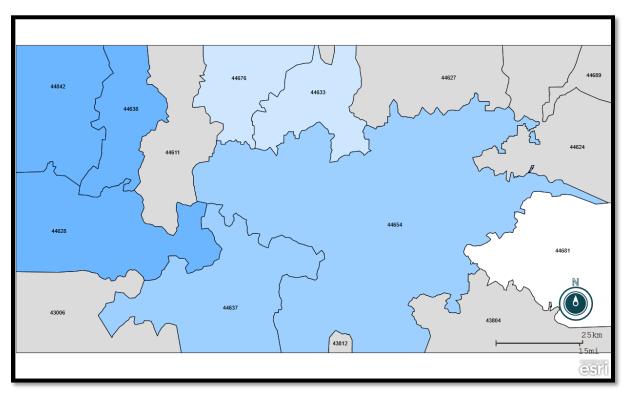
# 2. Lack of recreational and athletic facilities

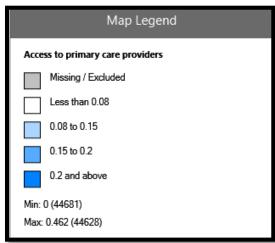


| Map Legend                              |                                 |  |  |  |  |
|---|---------------------------------|--|--|--|--|
| Lack of recreational and fitness access |                                 |  |  |  |  |
|   | Missing / Excluded              |  |  |  |  |
|   | Less than 0.1                   |  |  |  |  |
|   | 0.1 to 0.17                     |  |  |  |  |
|   | 0.17 to 0.27                    |  |  |  |  |
|   | 0.27 and above                  |  |  |  |  |
| Min:                                    | Min: 0.0869565217391304 (44633) |  |  |  |  |
| Max:                                    | 0.384615384615385 (44628)       |  |  |  |  |



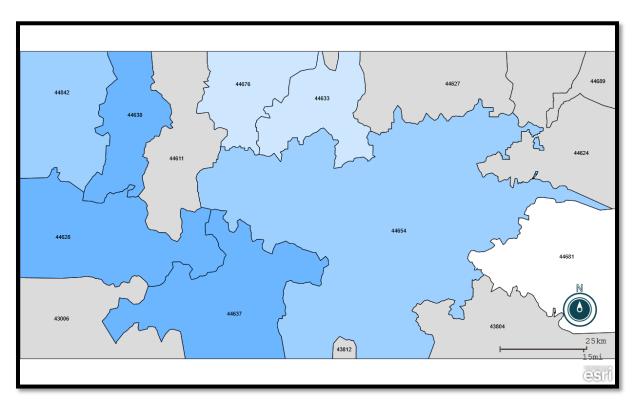
# 3. Access to primary care providers

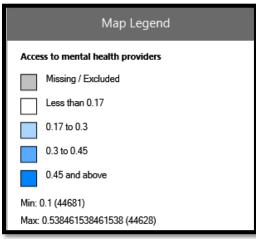






# 4. Access to mental health providers

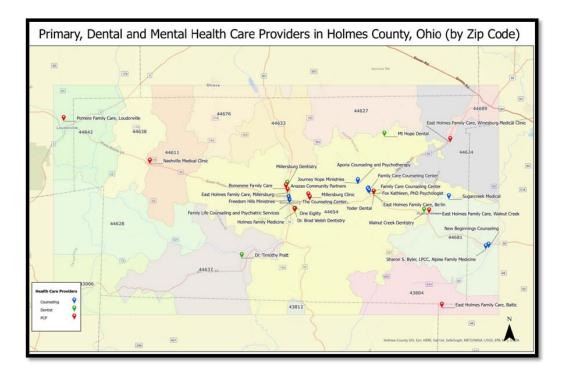




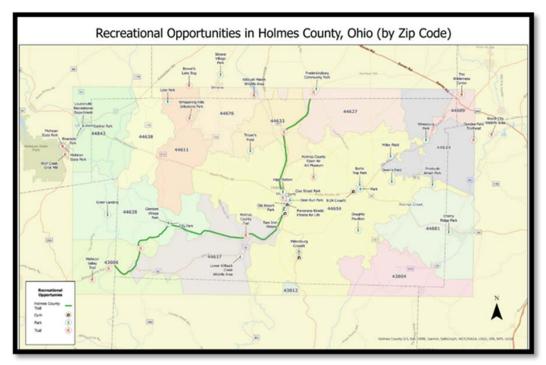


### Appendix D

1. Map of primary care provider, dental, and mental health provider facilities in Holmes County



2. Map of gyms, trails, and parks in Holmes County





Appendix E-Holmes County Population (United States Census Bureau)

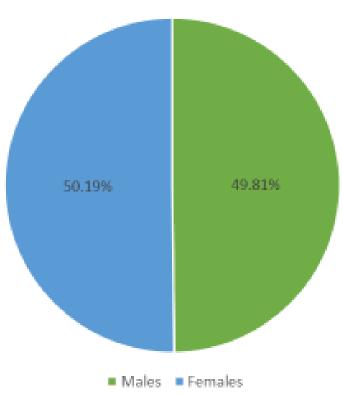
# Holmes County Total Population





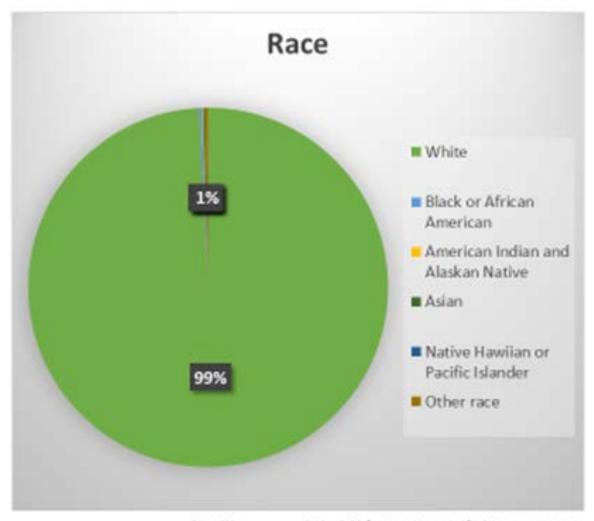
Appendix F- Holmes County gender distribution (Unites States Census Bureau)







Appendix G- Holmes County race distribution (Unites States Census Bureau)



https://data.census.gov/cedsci/table?g=0500000U539075&tid=ACSST5Y2020.50101

